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FOR IMMEDIATE RELEASE

Central Catholic Rowing Success Continues

Pittsburgh, Pennsylvania, May 12, 2014 – Rowers from Central Catholic High School continue to have success in regional men's high school rowing.

The Midwest Scholastic Rowing Association held its 2014 championships in Zanesville, OH on May 10 and 11, 2014. Central Catholic High school's crew participated in the regatta with 65 rowers and coxswains traveling to the event. Central entered boats in 6 events: the Freshman 8+, the Novice 8+, the Junior Varsity 8+, A and B entries in the 3rd Varsity 8+, the Second Varsity 8+ and the First Varsity 8+. All of the boats made it to the Semi-finals in their respective races with most going on to the final events.

In the Final events Central captured a silver medal in the Junior 8+, and gold medals in the Freshman 8+, Third Varsity 8+, Second Varsity 8+ and the First Varsity 8+. Central won the Inaugural Anne E. Nelson Cup for the Third Varsity 8+ winner, the Rod McElroy Trophy for the Second 8+ winner, and the Valerian Cup for the First Varsity 8+ winner.

In total, 9 Pittsburgh area high schools participated in the 2014 Midwest Scholastic Rowing Championships: Alderdice, Central Catholic, Fox Chapel, Hampton, Mt. Lebanon, North Allegheny, North Catholic, Oakland Catholic and Upper St. Clair.

The work over the weekend builds on Central Catholic's strong history at this event with first place finishes in the First Varsity 8+ event 8 of the last 9 years. The crew is coached by Jay Hammond (CCHS Hon '12), Aaron Lucia (CCHS '06), Alan Meininghaus, Emma Keller, Justin O'Connor (CCHS '10) and Phil Bohn (CCHS '09). The crew benefits from the leadership of 13 seniors including John Gilkey, Zack McKenna, Brendan Connolly, Sean Burke, Jack Donaher, Michael Begg, Zack Volosky, Jay Maier, Matt Kreps, Alex Butler, Jake Wiedemer, Lucas Peilert (Captain) and Jeff Cao (Captain).

The next step for the Central Crew is the Scholastic Rowing Association of America's national championship race in Princeton May 22-24.

Midwest Scholastic Rowing Association (MSRA)

<https://sites.google.com/site/msrahome/history>) exists to sponsor an annual scholastic rowing championship for the Midwest region and support scholastic rowing in the Midwest. The region includes Western Pennsylvania, West Virginia, Ohio, Michigan, Indiana, Illinois and Kentucky. Scholastic rowing events include crews that all attend the same school in contrast to club programs which accrue rowers and coxswains from multiple schools in a vicinity.



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Central Catholic High School, a college preparatory school for boys, is guided by the educational principles of St. John Baptist de La Salle. The school strives to provide a challenging, relevant, and diverse program of studies and extracurricular activities in an environment that fosters a life of faith and learning and develops leaders rooted in the Gospel values of integrity, respect, service, justice, and peace.

Central Catholic High Crew Program's mission is to create champions on the water and solid citizens off the water. Each athlete is encouraged and supported in developing his God-given potential and our selection process for boating priority (First Boat, Second Boat, etc.) is highly competitive. However, rowing encourages the participation of boys of all levels of natural physical ability. Rowing promotes team work and rewards self-discipline and individual hard work. Our Coaching Staff has a well-defined standard operating procedure both on the water and around the boathouse. This structured approach instills discipline, ensures safety, and enhances performance during races.

Contact:

Eric Starkowicz
Director of Marketing and Communications
Central Catholic High School
412.622.6173
estarkowicz@centralcatholicshs.com