



**Head Wrestling Coach  
Job Description  
June 2024**

The Head Wrestling at Central Catholic High School is responsible for ensuring that the activities and participants of the Wrestling program are properly organized, supervised, and cared for in a way that is appropriately aligned with the Catholic Lasallian Mission of the school. All activities of the Wrestling program have as its end the care and best interests of the student athletes includes the formation of our athletes into men who understand and value teamwork, being part of something bigger than yourself, community, and a belief in taking one's gifts and talents and using them for the common good. Finally, inclusive of this is a thorough understanding of all WPIAL and Diocese of Pittsburgh regulations and guidelines.

**DUTIES AND RESPONSIBILITIES**

1. Ordinarily reports directly to the Athletic Director.
2. Has current knowledge and required certifications for all PA State, WPIAL, Diocesan, and Central Catholic regulations and guidelines as well as is in compliance with all required regulations.
3. Ensures that all assistant coaching staff is in compliance with Diocesan and WPIAL, regulations and submits all required documentation to the Director of Athletics.
4. Responds to PA Child Care Clearances as directed by Principal's assistant to ensure the clearance of all coaching staff.
5. Implements and follows all Diocesan and School policies and procedures for athletics.
6. Is willing to learn and have a good understanding of Sports and Spirituality and impart and model that spirituality as it pertains to the Catholic Lasallian mission of the school.
7. Be present for the complete duration of practice sessions, team meetings and events, and guarantee the supervision of all participating students.
8. Establish, publish, and enforce fair team rules and discipline.
9. Strive to help each participant develop self-discipline and appropriate behavior.
10. Ensure that team members behave in an appropriate, reasonable manner at all events.
11. Be consistent and fair and deal with each member of the team in an unbiased manner.
12. Actively promote within the student body and community an interest in the sport.
13. Lead team members in prayer before the start of every practice and athletic contest.
14. Meet with and communicate team expectations to parents. Respond to their concerns in writing and otherwise in a timely manner.

15. In conjunction with the Director of Athletics, do a written professional evaluation of all assistant coaches at least once a year.
16. Be evaluated by the Director of Athletics once a year.
17. Attend required WPIAL, Diocesan and Central professional meetings.
18. Other duties as assigned by the Director of Athletics and/or the Principal of Central Catholic.
19. Will monitor each student athletes' weight on a regular basis
20. Promote a healthy diet with all the athletes on the team
21. Must be familiar with the NWCA Optimal Performance Calculator, along with the Weight Certification Program